
Erasmus Policy Statement

Institutional Profile

Vitae Escola Universitària de l'Esport i la Salut is a private higher education institution based in Barcelona, Spain. It delivers education across different levels of higher education, combining higher vocational education (short-cycle higher education) with a recently accredited university bachelor's degree developed in academic affiliation with Universitat Abat Oliba CEU.

The institution has a consolidated trajectory in vocational education and has been authorised to deliver higher vocational programmes since 2011. Over time, it has developed a strong educational model characterised by a close connection between academic learning and professional practice. Its programmes focus on sport, physical activity, education, health-related disciplines and applied sciences, responding to evolving societal and labour market needs.

Teaching and learning are guided by the Vitae Method, a student-centred and practice-based approach combining principles inspired by high-performance sport, such as teamwork, personal challenge and continuous feedback, with digitally supported learning environments and a culture of continuous improvement. This model promotes active learning, collaboration and systematic evaluation of educational outcomes.

Building on this experience, the institution has recently expanded into the university sector through the introduction of a bachelor's degree, reinforcing its commitment to academic quality, innovation and student development.

Internationalisation Strategy

Internationalisation is a strategic priority and will be progressively developed during the first cycle of participation in the Erasmus+ Programme. As the institution expands within the higher education sector, international cooperation and mobility are key instruments for enhancing educational quality, fostering innovation and aligning with European academic and professional standards.

The strategy is structured around three priorities:

1. Integration of international learning pathways within curricula

The institution will progressively integrate mobility opportunities through study exchanges and traineeships abroad. Given the practical nature of its programmes, international traineeships are particularly valuable for developing professional experience in European contexts. International perspectives will also be promoted through guest lectures and collaborative projects.

2. Modernisation of teaching methodologies through European cooperation

Staff mobility and cooperation with European partners will support the exchange of pedagogical practices and innovative teaching approaches, strengthening the institution's educational model, including the principles of the Vitae Method.

3. Progressive alignment with European standards

Participation in Erasmus+ will support alignment with European higher education frameworks, strengthening quality assurance, implementing transparent ECTS-based recognition procedures and consolidating sustainable partnerships.

Participation in Erasmus+ Programme Activities

The institution intends to progressively develop its participation in Erasmus+ through mobility and cooperation activities.

Student mobility is a central priority, enabling participation in study periods and traineeships abroad to develop academic knowledge, professional experience and intercultural competences. In line with the institution's practice-oriented approach, traineeships in international professional environments are particularly relevant.

Staff mobility for teaching and training will support professional development and the exchange of pedagogical approaches and institutional practices.

The institution will also explore blended mobility formats combining physical and digital learning.

In addition, the institution will promote civic engagement by encouraging students and staff to actively participate as responsible and engaged citizens before, during and after their involvement in Erasmus+ mobility and cooperation activities. These experiences aim to foster social responsibility, active participation and the strengthening of European values.

Cooperation and Institutional Partnerships

In addition to mobility, the institution aims to participate in European cooperation initiatives that promote educational innovation, knowledge exchange and collaboration between higher education and professional sectors.

These activities will support the development of innovative teaching methods, strengthen links with the labour market and enhance collaboration in the fields of sport, health and education, while reinforcing the institution's participation in European networks.

Partnerships will be developed with institutions and organisations that demonstrate academic compatibility, quality standards and a shared commitment to innovation and student development.

Quality Assurance and Recognition of Learning Outcomes

The institution is committed to ensuring quality, transparency and academic integrity in all Erasmus+ activities.

Mobility will be organised through clear procedures and Learning Agreements defined prior to each mobility period. Learning outcomes will be recognised automatically and in full, in accordance with the European Credit Transfer and Accumulation System (ECTS), ensuring that credits obtained abroad are fully integrated into the student's degree without additional requirements.

Monitoring and evaluation mechanisms will be implemented to continuously improve mobility activities.

The institution will ensure that selection procedures for participation in mobility activities are fair, transparent, coherent and properly documented. Clear criteria and processes will be communicated to all applicants, guaranteeing equal treatment and equal opportunities.

Inclusion and Equal Opportunities

The institution is committed to promoting inclusion, equal opportunities and non-discrimination in all Erasmus+ activities.

It will ensure fair and equal access to mobility opportunities for all participants, regardless of their background. Particular attention will be given to participants with fewer opportunities, with the aim of identifying and reducing potential barriers to participation, including financial, social, academic or personal obstacles.

The institution will provide appropriate guidance, preparation and support to participants before, during and after their mobility period, ensuring that all individuals are able to fully benefit from their international experience.

Through these measures, the institution aims to create an inclusive and supportive environment in which all participants can actively participate and benefit from international learning opportunities.

Digitalisation, Sustainability and Innovation

The institution supports the digital transformation of mobility and academic collaboration as a key element of its internationalisation strategy.

Digital tools and platforms will be progressively integrated in line with European initiatives such as Erasmus Without Paper and the European Student Card Initiative. These tools will ensure efficient administrative procedures, transparent communication and improved management of mobility processes.

At the same time, the institution recognises the importance of sustainability and environmental responsibility in the implementation of Erasmus+ activities. Digitalisation will contribute to reducing administrative burden and paper use, supporting more environmentally sustainable practices.

Where possible, the institution will encourage participants to adopt sustainable travel options and environmentally conscious behaviours. Sustainability considerations will also be progressively integrated into institutional practices and international cooperation activities.

Expected Impact of Erasmus+ Participation

Participation in Erasmus+ is expected to contribute significantly to the international development of the institution by strengthening its educational offer, expanding mobility opportunities and establishing sustainable European partnerships.

It will support the development of intercultural competences, professional skills and innovative teaching approaches, contributing to overall educational quality and integration within the European Higher Education Area.

Furthermore, participation in Erasmus+ will foster a culture of continuous improvement, institutional learning and international openness, supporting the long-term strategic development of the institution.

Commitment to the Erasmus Charter for Higher Education

The institution commits to fully respecting and implementing the principles of the Erasmus Charter for Higher Education.

All activities will be carried out in accordance with principles of transparency, fairness, inclusion and academic quality. Erasmus+ opportunities will be actively promoted, ensuring equal access to information and participation.

The institution will provide appropriate guidance, preparation and support to all participants before, during and after mobility, ensuring that they are able to fully benefit from their international experience.

Continuous monitoring and evaluation mechanisms will be applied to ensure compliance with Erasmus+ standards and to support the continuous improvement of all activities.

Through this commitment, the institution aims to contribute to a more inclusive, sustainable and collaborative European Higher Education Area.